



9 June 2008

Grab Fresh Asparagus At Wirral Farmers' Market

Fresh seasonal asparagus will be at this month's Wirral Farmers' Market but get it while you can, as the season is short.

Eat it just steamed or roasted, or check out Europa Cuisine, which has taken the hard work away from you to create fantastic ready meals using fresh, local produce.

Two of the producers at Wirral Farmers' Market have also been shortlisted for the Great British Dish competition.

Mary's Cakes and Little Green Men have been picked to go through the next round of this competition after a grilling by top judges such as John Burton Race at an event at St George's Hall. They will be heading down to London soon to be filmed making their dishes for the television. Mary won through with her Strawberry Tart, featuring John Jones' strawberries picked at 5am that morning. While Rich wowed with a spicy Lancashire Hotpot.

The next Wirral Farmers' Market takes place on Saturday, June 14, at New Ferry Village Hall from 9am.

There is a large variety of food on offer at the market including award-winning cheeses, sausages, Welsh Black Beef, lamb, free range chickens, smoked food, fresh fish, free range eggs, local honey, pies, plants, cakes and soups along with plenty of seasonal vegetables. You name it, Wirral Farmers' Market has it.

Wirral Farmers' Market is a voluntary organisation set up to regenerate the area and its surroundings, and works in partnership with New Ferry Regeneration Group, North West Fine Foods, Lairdside Community Trust and Health Links.

It is run by volunteers, who live and work in the area and organise the market in their spare time.

Visit www.wirralfarmersmarket.org.uk for more information.

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Editor's Notes

For more information or interviews contact Anne Benson on 07811 169138 or anne.benson42@btinternet.com.

The next market takes place on Saturday, June 14, from 9am at the Village Hall, Grove Street, New Ferry.

Pictures from the website www.wirralfarmersmarket.co.uk are available for publication.